

Issue 76 Out Now

Contributed by Traveller
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Hot off the press

Adventure Travel magazine issue 76 (July/Aug) is out now and available to buy on this site and at newsagents. Packed with ideas, reviews, advice, interviews and adventure features, it's an issue not to be missed. The highlights include; all the information you need to plan a successful ascent of Mt Kinabalu in Borneo, a revealing interview with Bear Grylls and we check out a couple of crazy guys who spend their time mountain biking down volcanoes in Central America.

For a full list of what's between the covers click the read more link below.

What's in issue 76?

Bear Grylls

The tough man on TV - what makes him tick?

Borneo

How to climb Mount Kinabalu

Guatemala

Extreme mountain biking down a volcano

Switzerland

What you need to know to peddle the Jura Bike Route.

Motorcycle Touring

Plan a trip across the Sahara to Timbuktu

China

A guide to hiking the Great Wall

South Africa?

Skippering your own white water raft is not as difficult as you'd think.

Austria

Breathtaking via ferrata in fantastic surroundings in the Tirol

Romania

Where to go hiking in the Carpathian Mountains.

Lake District

Trek the best parts by following this two day backpacking adventure.

North Wales

Tip and hints for improving your rock climbing ability.

Jersey

Go overseas without breaking the bank.

Water filters

Six of the best tried tested and rated.

Travel clothing and Footwear

The coolest on and off trail clothing and shoes.

Travel and lifestyle footwear

Good looks and performance.

Competition

Win a fantastic Dawes Sardar Expedition Touring Bike

Competition

Win Merrell clothing

By Issue 76 of Adventure Travel here